

## Elementary Activity

### Helping Hands

*This activity builds helping skills and teamwork.*

1. During every day interactions, point out when your children are being helpful.
2. Point out real-life situations or set up imaginary situations and ask, “What would you do to help?”
  - A friend is on the playground crying.
  - A new boy has moved into the neighborhood.
  - Grandma broke her ankle.
  - Dad misplaced the car keys.Talk about how it feels to help others.
3. Identify jobs that people do in the community that involve helping others. If you know someone in one of those jobs, ask why he or she chose the occupation and why helping others is important to him or her. Think about jobs in which helping others is not such an obvious part of the job. Talk about how helping others is part of all work and life.

Adapted from  
***The Role of Parents in Their Child’s Career Development***  
(Nebraska Career Information System)